

## LEONARD H. BURG -- BRIEF BIOGRAPHY

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**Over the last 40 years, Len Burg has worked professionally in Harlem and New York City as a holistic health educator, community activist, and Higher Education Administrator.**

**As a Soul Therapist and Psycho-Spiritual Coach and Counselor**, he has specialized in helping individuals and organizations transition into healthier lifestyles by uprooting the emotional/mental patterns and ideas at the root of physical/psychical symptoms.

His work is non-sectarian and complementary to all religious and spiritual paths as well as alternative and conventional healing modalities. **Soul therapy speeds up the**

**clients' healing and/or commitment to finding or employing prescribed regimens.**

Len is currently President of *STOP THE DESTRUCTION OF THE WORLD* (<http://www.stopna.org>), and a practitioner of a radical approach to Psycho-therapy called Analytical Trilogy (<http://www.trilogiaanalitica.org/en>). He has twice presented papers and lectured at its international psychotherapy conferences in Brazil (<http://www.icat.ws/videos.php>), and organized panel presentations at the Internationally Renowned [Left Forum](#) in New York City in 2013, 2015 and 2016.

**Mr. Burg has also given meditation instruction as a co-founder, VP, International Coordination Liaison, and United Nations Representative for *A Centre for the World Religions***, the USA branch of a non-sectarian organization promoting interfaith unity, cooperation and respect for all religions. He negotiated its NGO status with the ECOSOC section of the UN.

His spiritual and holistic work has carried him from Harlem, NY – where he directed several community organizations - to Europe, Uganda East Africa, India and South America, where he has participated in organizing and supporting international initiatives.

For 16 years Mr. Burg served at Pace University in New York City, working his way up to *Project & Operations Coordinator* in the Division for Student Success, he served on its Peace Advisory Board and coordinated/facilitated workshops in Global Citizenship and Justice.

**Mr. Burg graduated *with distinction* from Pace University in New York City, earning a *B.A. in Psychology and Journalism, with a certificate in Hands-on Project Management*. Most important, Leonard has learned at the feet of several living saints around the world, promoting the universal brotherhood of man and religion as a fundamental process inherent within all human beings, irrespective of sectarian religious beliefs, affiliations or cultural traditions.**

# INNERSPIRE THERAPEUTICS, INC.

## LEONARD BURG

### Soul Therapist

B.A. With Distinction - Pace University - Psychology/ Journalism

VP/United Nations Rep, A Centre for the World Religions

President, STOP the Destruction of the World Assn. - USA



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**Do you (or clients of health practitioners) Feeling Stuck, In A Fog, Sick and Tired, Ailing, Or Restricted? By Challenges Faced, Personally, in the Family, on the job or in Society? HELP IS ON THE WAY!**

- Find or **get more committed** to a healing regimen;
- **Speed up the healing** or movement toward clarity and goals
- **Consciously breakthrough** hidden emotional, mental, and idea patterns that block you
- **In the process:**
  - Tap into inner peace, joy and inspiration
  - Open up to uplifting insights
  - Sharpen and clarify thinking
  - Let go and calm down
  - Unburden yourself, on the way to healing and energetic movement towards goals

WHO AM I? - Holistic Educator, Psycho-spiritual Coach and Counselor, Soul Therapist. - trained in:

1. **Analytical Trilogy** - a novel, consciousness-raising form of psycho-socio therapy that combines psychology, philosophy and metaphysics – that treats the individual's pathology or suffering and dis-ease, in the context of the whole person and the social structures of which they are a part that also need healing.
2. **The Science of the Soul** – a discipline designed to help us access nourishment for the life-giving part of our being, gain knowledge of self and our inner world; heal the body/mind; and reconnect us in consciousness to our source.

THE TECHNIQUE – I Assist people in Having a Dialectic with their Inner Self, by:

1. **Using facts in your external reality as a mirror to “conscientize”** you to understand more clearly the conflicting or suppressed feelings, thoughts and actions in your inner self and life. --- which when exposed leads to a re-direction of the vital soul energy to the healing of body/mind and society.
2. **Educating persons to become more conscious** of the parallels between the process of becoming ill and the process of creation, its reversal towards healing or evolving, and the role of consciousness in doing so.

APPOINTMENTS BY:

Skype – **LbjrLeonard**

Telephone/Text - **(347) 989-4147**

**\*\*Home visits Available**



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FOR AN INITIAL **FREE** Consultation

A LECTURE OF WORKSHOP

TRAINING IN SOUL THERAPY